

TUMWATER PIONEER DAYS SUMMER RUN

5K (3.1 MILE) COMPETITIVE RUN (CERTIFIED FLAT COURSE)
1 MILE KIDS FUN RUN

SATURDAY – JULY 10, 2010

1 MILE @ 9:00AM

FOLLOWED IMMEDIATELY BY 5K

STARTS AT HARBOR WHOLESALE – FINISHES @ APEX KARTING

**COMPETITIVE
AGE GROUPS:**

10-12

13-15

16-19

20-29

30-39

40-49

50-59

60-69

70 +

MEDALS FOR TOP MALE/FEMALE OVERALL
RIBBONS FOR TOP 3 M/F IN 9 AGE GROUPS
RAFFLE DRAWINGS FOR ALL REGISTERED RUNNERS
KIDS FUN RUN FINISHERS RECEIVE RIBBONS

SUBMIT REGISTRATION FORM TO TUMWATER AREA
CHAMBER OF COMMERCE OR SOUTH SOUND RUNNING IN
TUMWATER

INFORMATION PHONE LINE : (360)357-4278 OR FIND
MORE INFO ON-LINE: WWW.TUMWATERCHAMBER.COM

**BRING THE WHOLE FAMILY
PERIOD DRESS WELCOME
FOOD AND FUN FOR ALL**

5304 Littlelock Rd. SW
Tumwater, WA 98512
360.357.5153
fax: 360.786.1685

office@tumwaterchamber.com
www.tumwaterchamber.com

Tumwater Area
CHAMBER OF COMMERCE



**PRE-REGISTRATION \$25 AT SOUTH SOUND RUNNING IN TUMWATER
T-SHIRTS FOR ALL PRE-REGISTERED RUNNERS
DAY OF RACE REGISTRATION 7:30AM-8:30AM (SHIRTS NOT GUARANTEED)**

REGISTRATION FORM: 5K RUN \$25 -or- 1 MILE FUN RUN No Charge Circle One

First Name _____ Last Name _____ M or F

Address _____ T-Shirt Size: S, M, L, XL, XXL

City _____ State _____ Zip _____ Age on Race Day _____

Signature: _____ Birth Date _____

Guardian _____ Contact Phone: _____

In consideration of the acceptance of my entry, I hereby, for myself, my family, my heirs, executors & administrators, forever waive, release & discharge any and all legal claims for damages & causes or suit or action, known or unknown that I may have related to or arising out of my participation in the "Tumwater Pioneer Days Summer Run" event against The Tumwater Area Chamber of Commerce, its board, employees, agents, representatives, officials, volunteers, and all sponsors. I attest that I am physically fit and have sufficiently trained for the event. I am aware of the risks of participating in this event. Further, I hereby grant full permission to the Tumwater Area Chamber of Commerce and/or agents to use my name, photograph, video or other recording devices, for any legitimate purpose including advertising or promotions. I understand that there are no entry refunds, transfers or rollovers. My signature confirms its full acceptance by me. If I am less than 18 years of age, a parent or guardian has co-signed.